



# Rediscovering our Nature

EARTH WEEK  
FESTIVAL GUIDE

APRIL 18-24, 2021

PRESENTED BY JBHS ECO CLUB  
+ BURBANK ECO COUNCIL

earth  
day

# Welcome!

**Thank you** for joining us for our first annual Earth Week Festival!

This is a free week long celebration of Earth Day. **“Rediscovering Our Nature”** is our theme. Reflecting on the past year, living through a pandemic, we have all seen how humans impact nature. During Earth Week we wonder, what effects do each of us have on nature? And what does that say about us as human beings, our human nature?

There are big answers—for neighborhoods, cities, states, and the world—as well as smaller, personal ones. Each of us has the **POWER** to make change for good. The challenges that lie before us are as diverse as the individuals in our community. Therefore, the solutions must also be.

May you all find connection, hope, and inspiration this week. If you have any questions, please feel free to email [burbank.eco.council@gmail.com](mailto:burbank.eco.council@gmail.com).

Have fun!

**The Burbank Eco Council + The JBHS Eco Club**


















Sign up for  
all ZOOM  
sessions:



**REGISTER HERE**

APRIL 18-24,  
2021

# - EARTH WEEK FESTIVAL SCHEDULE -

	S	M	T	W	TH	F	S	
<b>SESSION ONE</b> 3:30 - 30-45 MIN. -	<b>Take a Nature Walk</b> (anytime) 	<b>Earth Week Kick-Off:</b> "Rediscovering our Nature" 	<b>Yoga + Meditation</b> (3 hangout rooms) 	<b>GoGo Green Girl vs. Microplastic Medusa</b> 	<b>Observing Burbank's Native Wildlife</b> 	<b>The Earth Week Talent Show, Jamboree + Party Hour!</b> 	<b>SPECIAL TIME!</b>  2:00 to 4:00p <b>The JBHS Eco Club Virtual Earth Day Carnival!!</b> 	
<b>SESSION TWO</b> 4:00 - 30-45 MIN. -		<b>Read-Aloud + Chat</b> (2 hangout rooms) 	<b>Discussion</b> The 3 Pillars of Sustainability 	<b>Soil Creatures</b> 	<b>Creative Expression + Empowerment Workshop</b> 			
<b>SESSION THREE</b> 7:00 - 1 HOUR -	<b>GRADE LEVEL RECOMMENDATION:</b>  ELEMENTARY (K-5)  MIDDLE (6-8)  HIGH SCHOOL (9-12)						<b>Turning Trash Into Treasure</b> Virtual Burbank 	<b>BIRD'S EYE VIEW HERE</b> 

# S

APRIL 18

## NATURE WALKS

GRADES K – 12 + PARENTS

### Get out in nature!

Here are different ways to rediscover yourself and our world:

- **Mindful Walk** - Breathe, feel your feet, be present to your surroundings.
- **5 Senses Walk** - Observe and record what you are experiencing on your walk. (See video)
- **Scavenger Hunt Walk** - See if you can find everything on this list. (See pdf)
- **Cleanup Walk** - Beautify your neighborhood. Record trash you see.
- **Freestyle Walk** - Go do your own thing!

If you create art, video, music from these walks, [Submit it to the festival show at the end of the week!](#)



ANY  
TIME



# M

APRIL 19

# EARTH WEEK KICK-OFF: "REDISCOVERING OUR NATURE"

GRADES K - 12

## APRIL 22 IS EARTH DAY!

Celebrate with us all week! How do you fit into nature? Get a sneak peek at the events:

- what local high school students are doing for the planet
- connect to nature and yourself with a walk
- scavenger hunt
- learn how to garden starting with "trash"
- create art, music, poetry inspired by nature and **[SUBMIT IT HERE by APRIL 15!](#)**
- The Earth Week Talent Show, Jamboree, and Party Hour!
- JBHS Eco Club -Virtual Earth Day Carnival



**[REGISTER HERE](#)**

**[SUBMIT ART  
HERE](#)**



SESSION  
**ONE**

3:30

- 30-45 MIN. -

# M

APRIL 19

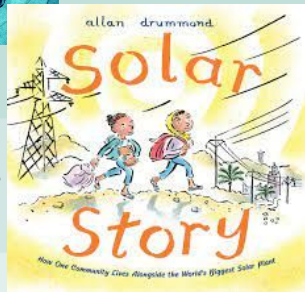
## READ ALOUD + CHAT

GRADES K – 8 / ATTENDEES WILL BE IN HANGOUT ROOMS BASED ON AGE

Join us for Read-Alouds of the books, *We are Water Protectors*, *Solar Story*, and *Hoot*.



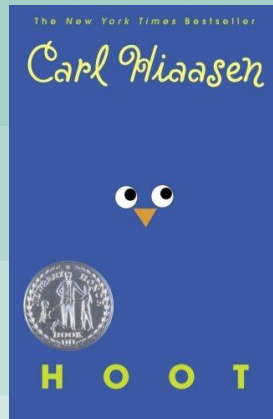
**We Are Water Protectors** issues an urgent rallying cry to safeguard the Earth's water from harm and corruption.



**Solar Story:** How one community lives alongside the world's biggest solar plant.



**Read by Lisa Dyson,**  
Dolores Huerta MS Library  
(for K-5th Gr)



**Hoot** features a new kid and his new bully, alligators, some burrowing owls, a renegade eco-avenger, and several extremely poisonous snakes.



**Read by Lindsey Silveira,**  
Burbank Public Library  
(for 6-8th Gr)

SESSION  
TWO

4:00

- 30-45 MIN. -

# T

APRIL 20

## YOGA & MEDITATION CLASSES

GRADES K – 12 / ATTENDEES WILL BE IN HANGOUT ROOMS BASED ON AGE

**Reconnect with nature by connecting with yourself.**

### **Kids Yoga**

Students will learn safe yoga poses, breath and flow in a non-competitive, energy filled class. We will work on alignment, coordination, balance and posture. Class will include learning intentional breathing, strengthening muscles, body awareness, and ability to relax. All levels welcome.

### **Teen Meditation**

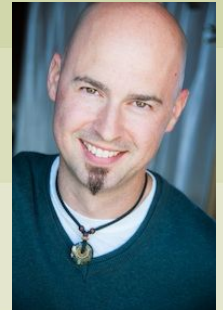
Students will learn different mindfulness and meditation exercises which can help reduce stress and anxiety. Students, teachers, and parents are welcomed.



**Heather Beltran**  
Jefferson ES Parent  
K-5th (Yoga)



**Melissa Burton**  
JMMS Parent  
6-8th Gr (Yoga)



**Brian Kukan**  
Former JBHS Teacher  
9-12th Gr (Meditation)

SESSION  
**ONE**

3:30

- 30-45 MIN. -

# T

APRIL 20

# PANEL + CHAT: THE 3 PILLARS OF SUSTAINABILITY

GRADES 6 – 12

## Teens talking with teens about sustainability.

Join The CA Youth Climate Activists & JBHS's Eco Club for a panel discussion and Q&A about the three pillars of sustainability- how they intersect, and in what ways they affect us and the planet. We will connect real world stories and issues along with personal interests.

Hosted by: **JBHS Eco Club**  
and the **CA Youth Climate Activists**



SESSION  
**TWO**

4:00

- 30-45 MIN. -



# W

APRIL 21

# GOGO GREEN GIRL VS. MICROPLASTIC MEDUSA

GRADES K - 5

**Want to watch a fun short film made by 3rd graders? Want to learn more about how to start an Eco Club?** Come meet the members of Joaquin Miller Elementary Kids Eco Club! They will share what they've learned, fun projects they've done, and how you too can help animals by keeping plastic out of the ocean.

Hosted by: **Joaquin Miller Elementary Kids Eco Club**



SESSION  
ONE

3:30

- 30-45 MIN. -

# W

APRIL 21

# SOIL CREATURES

GRADES 6 – 12

Below the soil is a **very strange world of micro creatures.**

Soil creatures work everyday to feed plants that feed us. This class will look at some of the strangest soil creatures on earth and talk about what they do all day.



Hosted by: **Kreigh Hampel**, garden teacher and soil admirer.

SESSION  
**TWO**

4:00

- 30-45 MIN. -

TH  
APRIL 22

# OBSERVING BURBANK'S NATIVE WILDLIFE

GRADES 1 – 5

Make your very own recycled field journal\*, while learning more about how to observe the native plants and animals who also call Burbank their home. Every day, we use the things we see around us to make choices and guide our actions. We are each natural born scientists.



## \*Materials needed per student:

- 1 paper grocery store bag
- 5 or more pieces of 8.5 x 11" paper (feel free to use recycled scrap paper!)
- a stapler - OR - a single hole punch and yarn/twine
- markers/crayons
- 1 pen or pencil



SESSION  
ONE  
3:30  
- 30-45 MIN. -

Hosted by: **Erin Viera-Orr**, environmental educator,  
native plant advocate + Bret Harte ES Parent

TH  
APRIL 22

# CREATIVE EXPRESSION & EMPOWERMENT WORKSHOP

GRADES 4 – 12 / 3 HANGOUT ROOMS TO CREATE ART

## What is your nature story?

In this workshop, you will explore your connection to Nature, and be guided to write, draw, or make collages in separate hangout rooms.

You are more creative than you think and more powerful than you know.

### Suggested Materials List (optional)

- crayons and/or colored pencils
- reuse scrap paper
- leaf

Hosted by: **Ms. Lori Pacino** (Dolores Huerta MS teacher),  
assisted by the **JHBS ECO Club**



51<sup>ST</sup> ANNUAL  
EARTH  
DAY

SESSION  
TWO  
4:00  
- 30-45 MIN. -

TH  
APRIL 22

# TURNING TRASH INTO TREASURE

GRADES 9 – 12

Join the Burbank Cultural Arts Commission and the Burbank Recycle Center for a "scrapacular" symposium celebrating EARTH DAY as we learn about **TURNING TRASH INTO TREASURE**.

Local artists will be sharing their creative ideas and we'll take a virtual tour of EcoSet, an environmental production resource and materials oasis for local artists.

To attend, go to: [facebook.com/BurbankArts](https://www.facebook.com/BurbankArts)

Hosted by:  
**Burbank Arts, City of Burbank + Burbank Recycling Center**

51<sup>ST</sup> ANNUAL  
EARTH  
DAY

SESSION  
THREE  
7:00  
- 1 HOUR -

Virtually Burbank: Alone Together:  
**Turning Trash Into  
Treasure**  
a **scrapacular** symposium  
celebrating  
**EARTH DAY**  
**APRIL 22**  
7pm on [facebook.com/BurbankArts](https://www.facebook.com/BurbankArts)  
Host: Suzanne Weerts - Burbank Cultural Arts Commissioner  
Guest: Amy Hammes - Burbank Recycle Center's Recycling Specialist  
Local Artists Working in Recycled Materials  
Virtual Tour of the arts resource EcoSet



# F

APRIL 23

## THE EARTH WEEK TALENT SHOW, JAMBOREE + PARTY HOUR!

GRADES K-12

**When our feelings towards nature get too big for words, we can express them through art!**

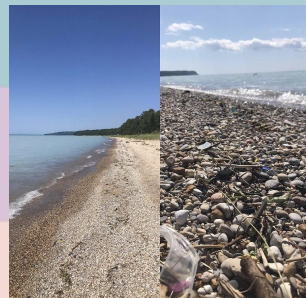
Join us on a tour of the amazing works of art submitted by the students in the Burbank Unified School District over the last few weeks. Students were invited to create any artistic endeavor inspired by this year's theme **"Rediscovering our Nature."** Come along as we take you on a virtual tour of paintings, photography, and performances that celebrate Mother Earth...and maybe even meet the artists who created them!

*This Zoom session will be recorded. You are welcome to turn off your cameras if you don't want to be recorded.*

**SUBMIT ART**  
**HERE**



Hosted by: **Rebecca Sage Allen**  
improv instructor, Roosevelt ES Parent,  
Waste Warrior, Certificate in Sustainability UCLA  
Extension



**ONE**  
**SESSION**  
**3:30**  
**- 1 HOUR -**



# S

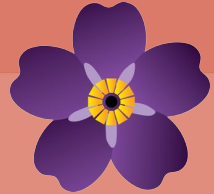
APRIL 24

# JBHS ECO CLUB - VIRTUAL EARTH DAY CARNIVAL!

GRADES K – 12

**Come join this student-run virtual carnival to learn more about taking care of our Earth!**

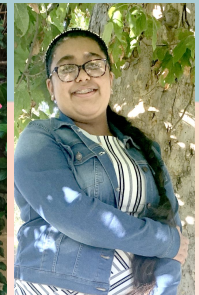
We will play games and make crafts, including a recycled craft\* representing the symbol for Armenian Genocide Remembrance Day, the Forget-Me-Not. We are collaborating with the JBHS Armenian Club to connect the commemoration of Armenian Genocide to nature! Then, in hangout rooms, we'll play different environmental games like , , and more!



**\*Materials needed per student:**

- cardboard tubes (from toilet paper or paper towels)
- craft paint or markers
- paint brushes (optional)
- bottle cap
- reuse scrap paper

Hosted by: **JBHS Eco Club + JBHS Armenian Club**  
**Beatrix Park + Nana Bhambi**, Co-Founders  
**Celine Tomassian**, Founder of JBHS Armenian Club



**SPECIAL**  
**TWO-HOUR**  
**CARNIVAL**  
**2:00-4:00P**

# Thank You!

**We hope you enjoyed this year's Earth Week festival!** Want to keep learning how to help the Earth? Want to start an Eco Club at your school? Or just be in the loop for more fun stuff?

## CONNECT WITH US!

### **Burbank Eco Council**

Passionate parents, students, and community members committed to creating and nurturing the student and their environment as a mindful regenerative life practice.

Email: [burbank.eco.council@gmail.com](mailto:burbank.eco.council@gmail.com)

Facebook: <https://www.facebook.com/groups/ecocouncil>

### **JBHS Eco Club**

An environmentally focused club at John Burroughs High School, making the school more eco-friendly and inspiring our community to do the same.

Website: <https://sites.google.com/view/jbhsecoclub/home>

Instagram: <https://www.instagram.com/jbhs.eco.club/>

Facebook: <https://www.facebook.com/eco.club.549/>



# Resources

We hope you were able to enjoy one, some, or all of our events this week! Explore a collection of suggested activities and examples of connecting with nature and taking care of our planet. Continue on your **eco journey** remembering that, in fact, every day is Earth Day.

## Videos, activity sheets, and links:

- [5 Pledges for Earth Week](#) (pdf)
- [Scavenger Hunt Walk](#) (pdf)
- [K-5 Earth Day Activity Sheets](#) (pdf)
- [5 Senses Walk](#) (video)
- [Cleanup Walk](#) (video)
- [Art Inspired by Andrew Goldsworthy](#) (Google Slides)
- [Burbank Public Library Suggested Eco Reading List for MS students](#)

## Our Earth Week resource list:

- [Earth Week's Workshop Links](#) (to be filled out with your help during the week)

